

What is claimed is:

1. An arrow rest comprising a bracket adapted to be mounted on a bow with one end extended in line with the draw of the bow, an arm pivotally mounted in the extended end of the bracket, a ring positioned perpendicularly to the bow rotatably mounted on said arm, means for mounting the bracket on a bow with the ring positioned whereby an arrow in the shooting position on one side of the bow extends through the ring, and means to rotate the ring to swing to a position disengaging the ring from the arrow.

2. An arrow rest of claim 1 wherein the ring is made of a resilient, high friction material.

3. An arrow rest of claim 2 wherein the ring is of a generally elliptical shape and positioned at an approximately 45 degree angle when the bow is in the non-drawn position.

4. An arrowrest comprising a bracket with one end adapted to be attached to the bow, and the other end extending out in line with the draw of the bow, a shaft passing perpendicularly through the opposite end of the bracket, a ring fixedly mounted on an end of the shaft, a resilient means around the shaft urging the shaft and ring to such a position that the ring is parallel to the bow, a resilient means for urging the ring to a position whereby an arrow is securely held by the ring when the bow is drawn to a shooting position.

5. An arrow rest of claim 4 wherein the ring is made of a resilient, high friction material.

6. An arrow rest of claim 5 wherein the ring is of a generally elliptical shape and positioned at an approximately 45 degree angle when the bow is in the non-drawn position.

7. An arrow rest comprising means for supporting an arrow in a drawn position relative to said bow member, said supporting means including a generally circular shaped ring defining a central opening wherein said arrow is supported in said drawn position; and means for removably attaching said supporting means to said bow such that said bow is functional in a conventional manner with said arrow rest removed.

8. An arrow rest of claim 7 wherein the ring is made of a resilient, high friction material.

9. An arrow rest of claim 8 wherein the ring is of a generally elliptical shape and positioned at an approximately 45 degree angle when the bow is in the non-drawn position.

10. An arrow rest of claim 9 wherein said attaching means includes a mounting bracket adapted to position the ring in a plane perpendicular to the plane defined by the bow and bow string.

11. An arrow rest of claim 10 wherein said attaching means can be installed on said bow without permanent modification thereof.